FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C.	20549
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
bligations may continue. See
activation 1/h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COCHRAN SANDRA B (Last) (First) (Middle) 305 HARTMANN DR					3. D	2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL] 3. Date of Earliest Transaction (Month/Day/Year) 09/20/2013									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) President & CEO						
(Street) LEBANC (City)			37087 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
Date				2. Transa Date (Month/D	ay/Year) if an		A. Deemed execution Date, any Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				and 5) Secur Benef Owne		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(/	A) or D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	09/20/	09/20/2013				A		67,091 ⁽¹	l)	A	\$0		150,998		Γ)					
Common Stock					0/2013				F		28,145(2	2)	D	\$102.44		122,853		D			
Common Stock 09/						/2013					18,352 ⁽³	3)	A	\$0		141,205		D			
Common Stock 09/20/						/2013					7,699(4)		D	\$102.44		4 133,506		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	(Month/Day/Year) if any (Month/Day/Year)		4. Transa Code (8)		Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati (Month/	on Da Day/Y			nstr. 3			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owr Fori Dire or Ir (I) (I	nership n: ct (D) idirect nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

- 1. Award based on two-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY12 Long-Term Performance Plan.
- 2. Represents shares deducted to satisfy federal tax withholding obligations on the granting of the award disclosed in row one of this table.
- 3. Award of market-based stock units based on three-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY11 Long-Term
- 4. Represents shares deducted to satisfy federal tax withholding obligations on the granting of the award disclosed in row three of this table.

Remarks:

Sandra B. Cochran by Michael J. Zylstra, Attorney-in-fact

09/24/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.