UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): January 6, 2009

CRACKER BARREL OLD COUNTRY STORE, INC.

<u>Tennessee</u> (State or Other Jurisdiction of Incorporation) <u>0-25225</u> (Commission File Number) 62-1749513 (I.R.S. Employer Identification No.)

305 Hartmann Drive, Lebanon, Tennessee 37087

(615) 444-5533

provisions:
[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Check the appropriate box if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following

Item 7.01. Regulation FD Disclosure.

On January 6, 2009, Cracker Barrel Old Country Store, Inc. (the "Company") issued the press release, which is furnished as Exhibit 99.1 to this Current Report on Form 8-K and that is incorporated by reference into this Item, announcing that the Company will present at the Cowen and Company 7th Annual Consumer Conference to be held on January 13, 2009.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

See Exhibit Index immediately following signature page.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: January 6, 2009 CRACKER BARREL OLD COUNTRY STORE, INC.

By: /s/ N.B. Forrest Shoaf

Name: N.B. Forrest Shoaf

Title: Senior Vice President, Secretary and Chief

Legal Officer

EXHIBIT INDEX

Exhibit No.	Description
99.1	Press Release issued by Cracker Barrel Old Country Store, Inc. dated January 6, 2009 (furnished only)



NASDAQ: CBRL

POST OFFICE BOX 787 LEBANON, TENNESSEE 37088-0787

Investor Diana S. Wynne Contact:

Senior Vice President, Corporate Affairs

(615) 443-9837

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Director, Corporate Communications

(615) 443-9266

CRACKER BARREL PRESENTS AT COWEN & COMPANY CONSUMER CONFERENCE

LEBANON, Tenn. - January 6, 2009 - Cracker Barrel Old Country Store, Inc. ("the "Company") (Nasdaq: CBRL) will be participating in the Cowen and Company 7th Annual Consumer Conference to be held in New York City at the Westin New York at Times Square. The Company's presentation will begin at 2:30 p.m. Eastern Time on Tuesday, January 13, 2009. Chairman, President and Chief Executive Officer Michael A. Woodhouse will be speaking at the conference.

The live broadcast of the presentation at the Cowen Conference will be available on-line in the Events area of the Company's website at <u>investor.crackerbarrel.com</u>. An on-line replay of the webcast will be available for two weeks afterward.

Headquartered in Lebanon, Tennessee, Cracker Barrel Old Country Store, Inc. presently operates 585 Cracker Barrel Old Country Store® restaurants and gift shops located in 41 states.

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