UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): January 5, 2010

CRACKER BARREL OLD COUNTRY STORE, INC.

<u>Tennessee</u> (State or Other Jurisdiction of Incorporation) <u>0-25225</u> (Commission File Number) <u>62-1749513</u> (I.R.S. Employer Identification No.)

305 Hartmann Drive, Lebanon, Tennessee 37087

(615) 444-5533

Check the appropriate box if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

[] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On January 5, 2010, Cracker Barrel Old Country Store, Inc. (the "Company") issued the press release, which is furnished as Exhibit 99.1 to this Current Report on Form 8-K and that is incorporated by reference into this Item, announcing that the Company will present at the Cowen and Company 8th Annual Consumer Conference to be held on January 12, 2010.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

See Exhibit Index immediately following signature page.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: January 7, 2010

CRACKER BARREL OLD COUNTRY STORE, INC.

By: /s/ N.B. Forrest Shoaf

Name: N.B. Forrest Shoaf Title: Senior Vice President, Secretary and Chief Legal Officer

EXHIBIT INDEX

Exhibit No.

99.1 Press Release issued by Cracker Barrel Old Country Store, Inc. dated January 5, 2010 (furnished only)

Description

POST OFFICE BOX 787 LEBANON, TENNESSEE 37088-0787



Investor Contact: Barbara A. Gould (615) 235-4124

Media Contact: Julie K. Davis (615) 443-9266

CRACKER BARREL OLD COUNTRY STORE PRESENTS AT COWEN AND COMPANY 8TH ANNUAL CONSUMER CONFERENCE

LEBANON, Tenn. – January 5, 2010 – Cracker Barrel Old Country Store, Inc. (the "Company") (Nasdaq: CBRL) will be participating in the Cowen and Company 8th Annual Consumer Conference to be held in New York City at the Westin New York at Times Square. The Company's presentation will begin at 3:30 p.m. Eastern Time on Tuesday, January 12, 2010. Chairman, President and Chief Executive Officer Michael A. Woodhouse and Executive Vice President and Chief Financial Officer Sandra B. Cochran will be speaking at the conference.

The live broadcast of the presentation at the Cowen Conference will be available on-line in the Events area of the Company's website at <u>investor.crackerbarrel.com</u>. An on-line replay of the webcast will be available for two weeks afterward.

About Cracker Barrel

Cracker Barrel Old Country Store^â restaurants provide a friendly home-away-from-home in its old country stores and restaurants. Guests are cared for like family while relaxing and enjoying real home-style food and shopping that's surprisingly unique, genuinely fun and reminiscent of America's country heritage...all at a fair price. The restaurant serves up delicious, home-style country food such as meatloaf and homemade chicken n' dumplins as well as its signature biscuits using an old family recipe. The authentic old country retail store is fun to shop and offers unique gifts and self-indulgences.

Cracker Barrel Old Country Store, Inc. (Nasdaq: CBRL) was established in 1969 in Lebanon, Tenn. and operates 593 company-owned locations in 41 states. Every Cracker Barrel unit is open seven days a week with hours Sunday through Thursday, 6 a.m. – 10 p.m., and Friday and Saturday, 6 a.m. – 11 p.m. For more information, visit: crackerbarrel.com.

- END - -