FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APP	OMB APPROVAL									
OMB Number:	3235-0287									
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MITCHELL MARTHA M					2. Issuer Name and Ticker or Trading Symbol CBRL GROUP INC [CBRL]								Rela heck X	tionship of all applica Director	Reporting Person(s) to Issuer ble) 10% Owner				
(Last)	(F RTMANN I	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/17/2007									Officer (below)	give title		Other (s below)	specify
(Street) LEBANON TN 37087					_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Indiv ne) X					
(City)	(S	tate)	(Zip)																
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				saction	tion 2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securit	ies Acquire Of (D) (Inst	d (A) or	r 5. Amount of Securities Beneficially Owned Follon		s Illy ollowing	Form:	Direct Indirect Str. 4)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock 01				01/1	7/200	7/2007					5,370	A	\$25		12,	534		D	
Common Stock 0				01/1	7/2007				S		5,370	D	\$47.20)56	7,1	164		D	
Common Stock 01/17/2				7/200	2007		M		5,370	A	\$25		12,534		D				
Common Stock 01/17/2				7/200	2007		S		5,370	D	\$47.27	706	7,164			D			
			Table II								oosed of			/ O\	wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		ransaction ode (Instr.		of		6. Date Exercis. Expiration Date (Month/Day/Yea				e S	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Co s F lly D o (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount of Number of Shares						
Stock Options (rights to buy)	\$25	01/17/2007			M	М		10,740	02/25/19	95 (01/27/2012	Common Stock	10,740(1) \$0		5,370		D	

Explanation of Responses:

1. Ms. Mitchell exercised these options under a 10b5-1 plan established in 2007.

Martha M Mitchell by N.B. Forrest Shoaf, Attorney-in-fact

01/17/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.